



TEAM CAPTAIN MEETING

ISMF WORLD CHAMPIONSHIPS SKIMO BOI TAULL 2023

BOI TAULL – 4/03/23

INDIVIDUAL

Present at the TCM table

- President of the LOC: David Ros
- ISMF Official Delegate: Regula Meier
- ISMF Event Director: Josef Gruber
- President of the Tech. Jury: Oriol Montero
- LOC Race Director: Carles Hidalgo
- ISMF Technical Delegate: Stefano Mottini
- Speaker: Christine Cavagnet

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The Event Jury

- ISMF Event Director: Josef Gruber
- LOC Race Director: Carles Hidalgo
- ISMF Technical Delegate: Stefano Mottini
- President of the Tech. Jury: Oriol Montero

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The Technical Jury

Members with right to vote:

- President of the Tech. Jury: Oriol Montero
- 1º ISMF Referee: Monika Strojny
- 2º ISMF Referee: Timothy Zander

Members without right to vote:

- ISMF Event Director: Josef Gruber
- ISMF Technical Delegate: Stefano Mottini
- LOC Race Director: Carles Hidalgo

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Programme of the Event

27/02 OPENING CEREMONY

28/02 SPRINT RACE

1/03 VERTICAL RACE

2/03 TEAMS RACE

3/03 REST DAY

4/03 INDIVIDUAL RACE

5/03 RELAY RACE

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Programme of the Race

08:40	Pre start TCM
09:10	Start Senior Men
09:45	start Senior Women
11:40	Flower Ceremony Senior and U23
12:00	start U20 Men
12:30	start U18 Men
12:35	start U20 Women
12:40	start U18 Women
14:10	Flower Ceremony Youth Categories
17:00	Award Ceremony
18:15	TCM Mixed Relay Race
19:00	BIB distribution

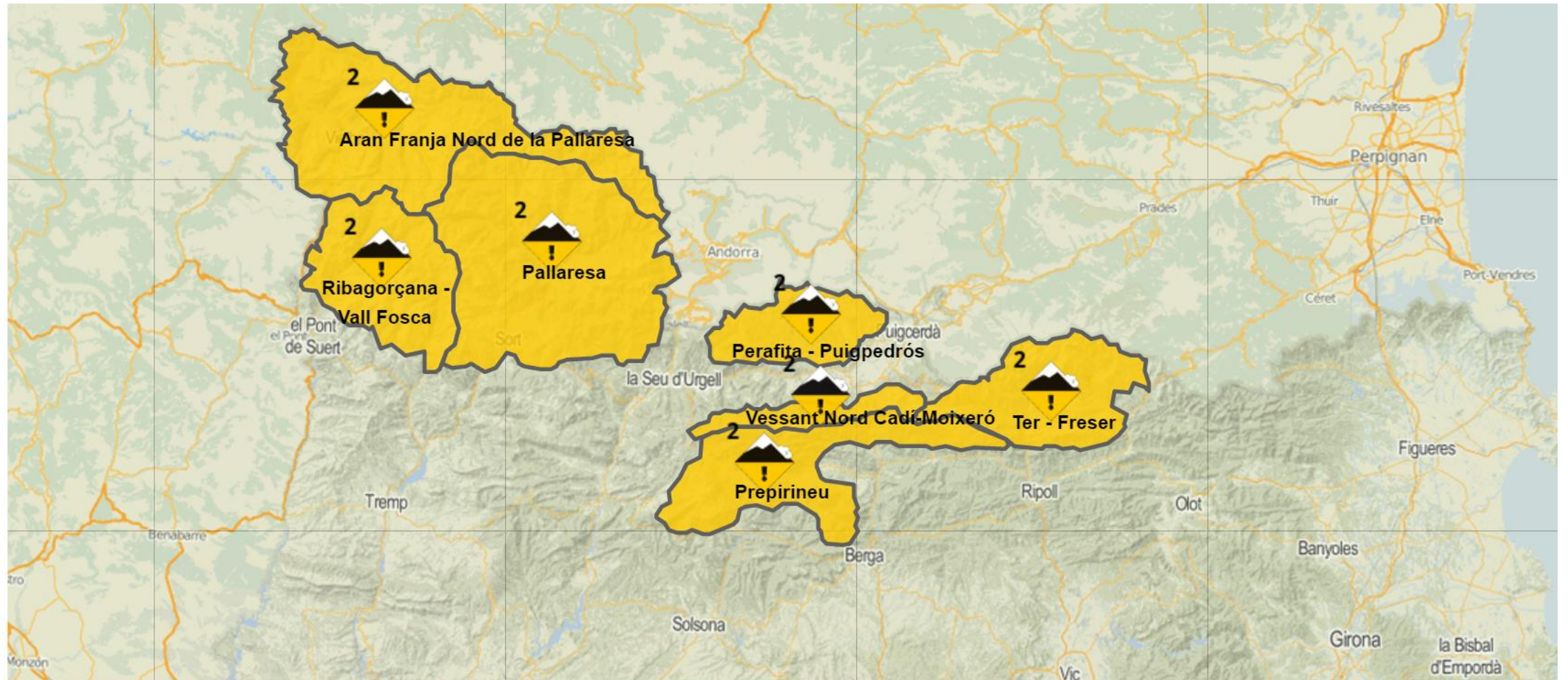
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Weather Forecast

BOÍ TAÜLL	SUNDAY 5 MARCH 2023 MORNING						
NO RISK SITUATIONS EXPECTED							
SCHEDULE	8	9	10	11	12	13	14
SKY							
TEMP. AT 2000 m	-5 °C	-4 °C	-2 °C	-1 °C	1 °C	2 °C	3 °C
TEMP. AT 2500 m	-9 °C	-9 °C	-7 °C	-5 °C	-3 °C	-1 °C	0 °C
WIND SPEED	1-15 km/h	1-15 km/h	1-15 km/h	1-15 km/h	1-15 km/h	1-15 km/h	1-15 km/h
DIRECTION	NE	NE	NNE	NE	ENE	ENE	NE
HIGH CLOUDS	0 %	0 %	0 %	0 %	0 %	0 %	0 %
MEDIUM CLOUDS	0 %	0 %	0 %	0 %	0 %	0 %	0 %
LOW CLOUDS	0 %	0 %	0 %	0 %	0 %	0 %	0 %
PRECIPITATION	0 cm	0 cm	0 cm	0 cm	0 cm	0 cm	0 mm
ISO SNOW	ALL	ALL	ALL	ALL	ALL	ALL	ALL

Snow Conditions

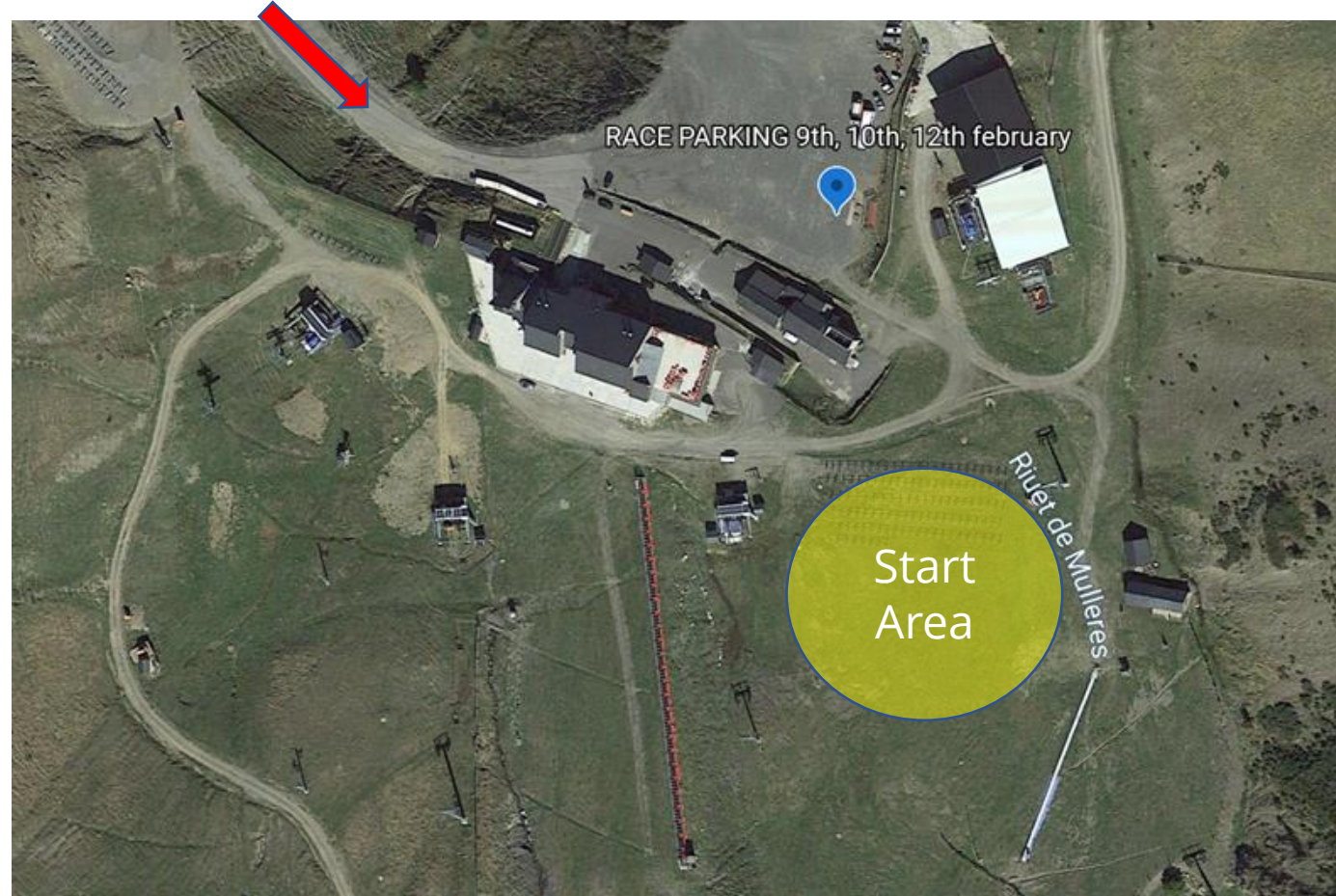


5 MOLT FORT	4 FORT	3 MARCAT	2 MODERAT	1 FEBLE	EAWS EUROPEAN AVALANCHE WARNING SERVICES
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Race Location

START AREA FOR THE
INDIVIDUAL RACE

FROM ROAD TO START AREA



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INDIVIDUAL

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2023



SM +1.600 m



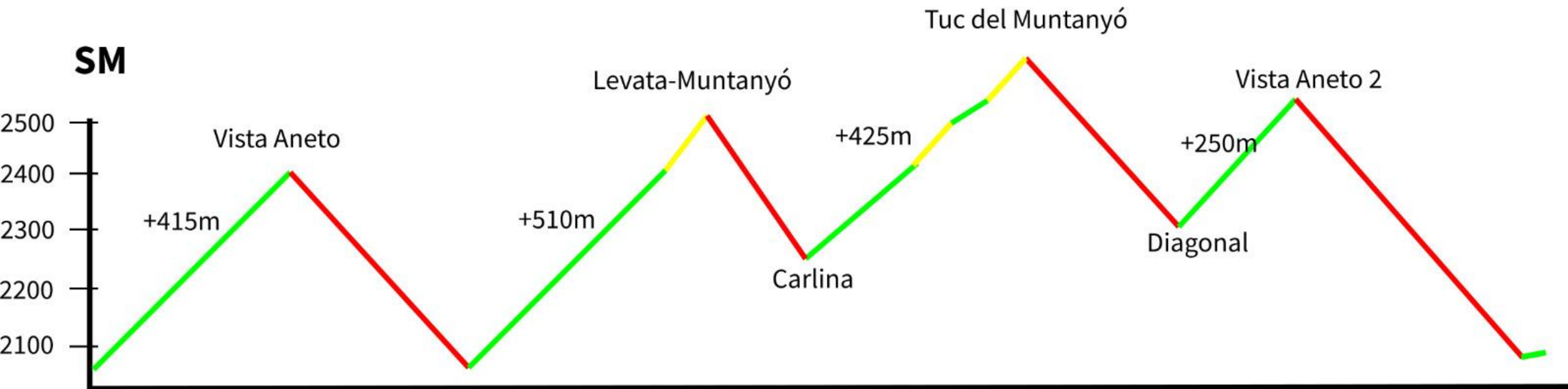
5 = Technical Zone
Refreshment Zone

NO cut off Senior Men
(finish on the side)

3-4 + 6-7 = rope
not compulsory

Race Tracks

RACE PROFILE



INDIVIDUAL

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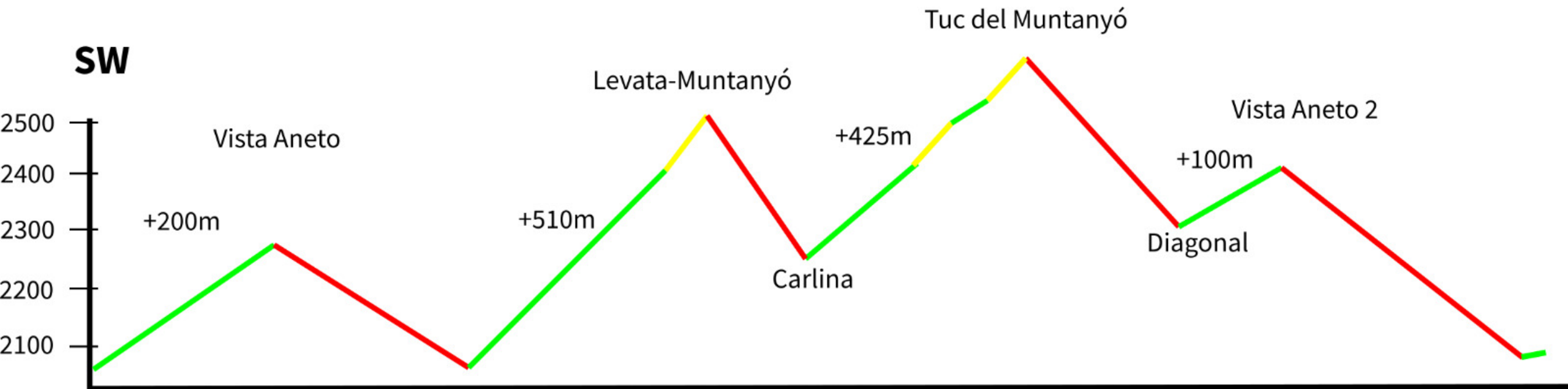


SW +1.235 m



Race Tracks

RACE PROFILE



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U20M +1235 m



Race Tracks

RACE PROFILE

U20M



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2023



9

FINISH

START

1

2

3

4

5

6

7

8

Refreshment Zone

7 = Technical Zone

3-4 = rope not compulsory

Race Tracks

RACE PROFILE

U18MW U20W



Race Tracks



Race Tracks



Eventual Extra Information

Athletes

- skating in downhill at finish of vertical race
- take crampons to the start, decision at pre start TCM

Coaches

- don't move along the track (also spectators)
- use helmets
- skilift opens:
 - Mulleres at 7:50
 - Roies at 8:05

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Compulsory Equipment

COMPULSORY EQUIPMENT	TEAM	INDIVIDUAL	SPRINT	RELAY	VERTICAL
Passport/National ID card or a copy (in the backpack or race suit)	X	X	X	X	X
Skis	X	X	X	X	X
Bindings	X	X	X	X	X
Boots	X	X	X	X	X
Ski poles	X	X	X	X	X
Skins (one pair min.)	X	X	X	X	X
Helmet	X	X	X	X	X*
Gloves	X	X	X	X	X*
Backpack	X	X	X	X	X*
Three layers up	X	X	X*	X*	X*
Two layers down	X	X	X*	X*	X*
DVA	X	X	X*	X*	X*
Snow shovel	X	X	X*	X*	X*
Snow probe	X	X	X*	X*	X*
Survival blanket	X	X	X*	X*	X*
Eyewear	X	X	X*	X*	X*
Whistle	X	X	X*	X*	X*
SUPPLEMENTARY EQUIPMENT					
Fourth layer					
Ski cap or head band					
Second pair of gloves					
Head lamp					
Second pair of eyewear					
Crampons	X				
Second pair of skins					
Dynamic rope (one per team)					
Harness					
Via Ferrata kit					
Two connectors					
Mask (2 pieces) – Pandemic equipment					

The athlete must bring all obligatory and supplementary equipment to the event.

During the race Team Captain Meeting, the Local Organising Committee will display the list of all the required equipment for the race.

For Vertical, Sprint, and Relay races:

- If the entire race is on a secured ski slope, the race director (with the agreement of the President of Technical Jury) may remove the DVA, snow shovel and snow probe from the list of required equipment.
- If the weather conditions are favourable, all other equipment marked with an asterisk (X*) may be removed by the Local Organising Committee (with the agreement of the President of the Technical Jury) from the list of required equipment.

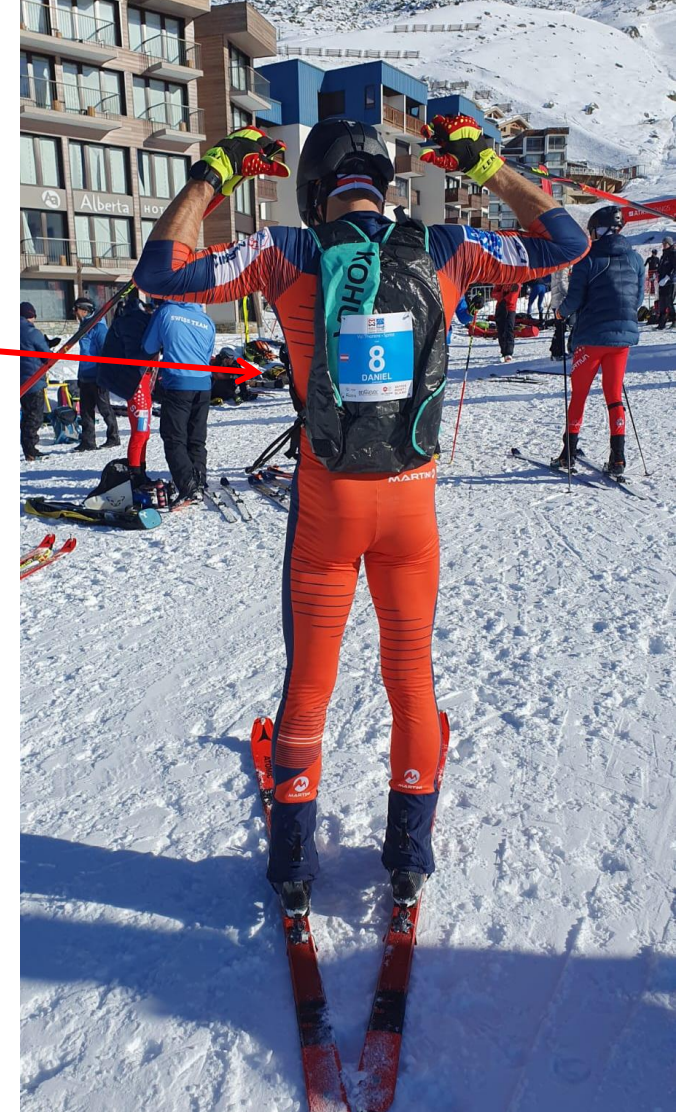
Bib's & Chip's Position



Bib on the backpack

Bib on both thighs
(right & left)

2x chip
above or below the calf



Case of abandon of an athlete

ISMF Sporting Rules & Regulations (point 4.6)

Abandon

- A competitor having difficulties may give up on his/her own initiative or be forced to give-up by decision of the race director or one of the doctor's present.
- Giving up (by own initiative or forced) must take place at a checkpoint or waypoint according to the procedure described during race Team Captain Meeting except under extreme circumstances. For team races, if one team member gives up then the other will be told to give up and must follow instructions given by the controllers. Every competitor having withdrawn MUST inform the President of Technical Jury (or his representative) upon arrival at the finish area, and especially the Anti-Doping Delegate. The competitors having withdrawn may also be subject to doping control.

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Useful links for the race

- Live streaming: <https://tv.ismf-ski.org/races/129> / <https://www.ccma.cat/tv3/>
- Start of the live streaming: 09:05h
- Live results: Live Timing - Individual : https://live.mso-chrono.ch/live/glive/g-live.html?f=../2023/ismf-wc-skimo-boi-taull-esp-individual/ismf_boi-taull_individual.clax
- 2 intermediate times at Technical Zone and at arrival area of vertical race

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Most important LOC's people

Contact person emergencies:	<i>Carles Hidalgo</i>	+34 659579648
<i>Hospitality:</i>	<i>Xavier Hilari</i>	+34 645542095
<i>Secretary:</i>	<i>Alexandar Bozonet</i>	+34 628841622

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